WHAT TO BRING TO CAMP (all campers)

___ bedding (either a sleeping bag/pillow; or sheets, pillow, and blanket)
___ flashlight with fresh batteries
___ Bible, notebook, pen/pencil
___ water bottle (dehydration prevention; 20 oz w/ sport top works well - purchase with water and re-use)
___ rain gear
___ warm sweater or jacket
___ long pants (jeans...at least one pair; helps protect against poison ivy on a few specific hikes)
___ swim suit and extra towel
___ toilet articles (soap, towels, and anything else needed to remain healthy, & socially acceptable)
___ shorts, shirts, informal summer wear
___ at least **two pair of shoes / athletic foot wear, etc. for hiking, casual wear, including socks** (they get wet and cause blisters on feet); **plus** additional footwear for river (see next item)...
___ **river shoes**, water shoes (or old tennis shoes, etc.) for tubing, canoeing, river hikes, etc. (these shoes need to offer some foot protection, and therefore should be more substantial than flip-flops / shower shoes)
___ underwear
___ clothing bag for dirty clothes
___ **bug repellent** (avoid aerosol, which can be safety issue)
___ spending money for store snacks and MISSION OFFERING
___ camera -- digital / traditional -- (optional) ... share special moments with friends, family, **and camp (JRVC)**
___ **REMEMBER TO BRING YOUR HEALTH (form 1) / MEDICAL (form 2) & RELEASE FORMS**

ADDITIONAL ITEMS FOR OUTPOST CAMPERS

Campers registering for an outpost camp (Junior Explorers, Middle High Outpost [Caving], Senior High Adventure) should also bring the following:

___ sleeping bag for bedding with pillow
___ bed padding (foam, thermarest, etc. / for sanitation reasons, camp no longer provides sleeping pads at A-frames)
___ mess kit with cup and utensils (devise a way to identify)
___ water bottle (very important for outpost and trips)
___ day pack and/or backpack can be helpful

Outpost/caving:
___ one pair old old clothes for cave trip; Mom may not want to see these again. (long jeans, long sleeve shirt)

Outpost and/or work campers may receive additional information from respective program directors prior to camp.

COMMUNICATIONS

Mailing Addresses: **For letters to campers, use site address:** [Campers Name]
Johns River Valley Camp
Travel: Check note on Travel Directions sheet 6211 Hwy 90
before using Internet map programs or GPS Collettsville, NC 28611
(You may end up on a remote gravel road you'd sooner avoid.)
(Camp directions offer a preferred route from Lenoir, and options from Blowing Rock.)

For correspondence with director (Curly), please use: 1055 Niley Cook Rd.
Blowing Rock, NC 28605

Telephones: Camp -- 828-754-7067; Director's home (and winter office) -- 828-264-1516
FAX -- 828-262-0701
e-mail -- stumb@boone.net

Campers should not receive or make calls except in cases of emergency. We have generally found that phone calls make dealing with homesickness more difficult. Leave the cell phones at home. (They don't work at the camp, and fail miserably when they get wet.) If you receive a communication of concern from your child, please first contact director ("Curly") to formulate a team strategy.

5/6/11